



EDUCATIONAL  
TOURS



## Rome and Pompeii

IMMERSIVE MIDDLE SCHOOL TOURS

Italy is a feast for the senses. Whether you're sampling mozzarella on a farm in Naples or becoming a gladiator for a day in Rome, experience the culture and traditions of this Mediterranean country through hands-on activities. Learn how to make one of Italy's most recognizable dishes during a pizza-making class and channel the artistic talents of Italian Renaissance painter Leonardo da Vinci during a visit to his museum.

# Help middle school students find their place in the world

Travel fuels curiosity, offers fresh perspectives, and gives students the opportunity to discover life beyond their backyards. Our middle school tours are specially-designed, with hands-on activities in exciting destinations that are popular with students aged 11-15. And with our 50+ years of experience, we know just how to keep students excited to learn more about the world, themselves, and their place in the world.

“Middle schoolers have the capacity to think globally. The sooner we can give them that experience, the more likely they are to change the world.”

Nathan W., Eighth Grade Teacher and Group Leader

Learn how to make pizza in Naples, where the famous pie originated.



---

## What to expect on our middle school tours

### HANDS-ON ACTIVITIES

Our tours offer the perfect balance of cultural exploration and experiential activities.

### AMAZING DESTINATIONS

Take your students just about anywhere. Many middle school teachers especially love traveling to England, Italy, Spain, France, and Panama.

### 24/7 TOUR DIRECTOR

Your expert Tour Director not only knows the ins and outs of each location you visit, but also how to keep students this age active and engaged. They are with your group 24/7, and are trained to respond to every type of situation.



---

### YOUR EXPERIENCE INCLUDES

Full-time Tour Director; sightseeing tours; entrance fees for Ostia Antica, mozzarella farm, Galleria Borbonica, Museo Leonardo da Vinci, Sistine Chapel, St. Peter's Basilica, Colosseum, Roman Forum, Pompeii, gladiator school; round-trip flights; 6 overnight stays in hotels; breakfast and dinner daily

**Day 1: Fly overnight to Italy**

**Day 2: Rome | Naples region**

Meet your Tour Director at the airport in Rome and journey south to Naples. On your arrival, meet your local guide and enjoy an expert-led tour of Naples' historic center.

**Day 3: Naples region**

Spend the morning among grazing buffaloes as you explore a working buffalo mozzarella farm. Learn how this cheese is produced and sample some of the savory treats. Then head underground to Galleria Borbonica, where you'll don spelunking helmets and wander through the tunnels of the city's aqueduct system from the 15th and 16th centuries. Dinner tonight will be the final products from a pizza-making class—Naples is where this famous dish was first created.

**Day 4: Pompeii | Rome**

Start your day off at the ruins of Pompeii. Following the eruption of Mount Vesuvius in 79 A.D., day-to-day life in the resort town of Pompeii was suddenly frozen in time beneath ash—making it one of the richest archaeological sites in the world. Then head north to Rome, the capital city of Italy. Tonight, enjoy a *fraschetta* dinner, where Italian cuisine and Roman flair come together deliciously in a casual setting.

**Day 5: Rome**

Discover what it took to become a Roman gladiator during a hands-on lesson this morning. Dress in traditional gladiator garb, and learn what life was like for these historic Italian figures. From there, explore the world's most famous arena, the Colosseum, where you can almost hear the stamping feet of the crowds gathered for gladiatorial combat. Learn about everyday life in ancient Rome as you walk among the ruins of the Roman Forum, where Julius Caesar gave many of his great political speeches.

**Day 6: Rome**

Explore the beautiful Villa Borghese gardens on a guided bike tour. Relax in the shade before continuing your adventure in Rome on a self-guided walking tour to see other important sites such as the Trevi Fountain, the Pantheon, Piazza Navona, and the Spanish Steps.

**Day 7: Rome**

On your expert-led tour of Vatican City, be sure to look up at Michelangelo's breathtaking ceiling in the Sistine Chapel and check out the colorful uniforms of the Swiss Guard, protectors of the Vatican. Then, opt to take part in a hands-on pasta making class held in a local Roman restaurant.

**Day 8: Depart for home**



Explore the ancient city of Pompeii, preserved from 79 A.D. by volcanic ash.



Rome, the Eternal City, offers endlessly picturesque views.

# The world leader in international education

For over 50 years, EF has been working toward one global mission: Opening the World Through Education. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence.

## **SAFETY**

We're committed to your safety. With 500 schools and offices in over 50 countries, EF staff can react quickly and in person wherever you travel.

## **AFFORDABILITY**

We always offer the guaranteed lowest prices so more students have the opportunity to travel and experience the world.

## **INSIGHT**

We believe in experiential learning at the most important sites. Your Tour Director is with you at every step, providing their own perspective and local tips.

## **THE EASIEST WAYS TO ENROLL TODAY**

### **Enroll online**

[eftours.com/enroll](https://eftours.com/enroll)

### **Enroll by phone**

800-665-5364

### **Mail your enrollment form**

EF Educational Tours  
Two Education Circle  
Cambridge, MA 02141

