

# / EDUCATIONAL TOURS



### Live the language

When you fall in love with a country, falling in love with its language is inevitable—something you'll begin to understand on your Language Immersion tour in Peru, which expertly pairs interactive lessons with authentic cultural experiences.

Each day has a theme (like art, history, or food) that connects the day's lesson to hands-on activities and conversations with locals. Your fluency expands along with your confidence and your passion for language. And through it all, your Language Immersion Program Director is by your side, supporting your language learning and highlighting every breakthrough moment.

# LANGUAGE IMMERSION THROUGH PERU

10 or 12 days | Lima | Arequipa | Luquina | Puno | Extension to Sacred Valley, Machu Picchu, and Cuzco

### What you'll experience on your tour

Each day in Peru is built around a **daily theme** that explores topics you can relate to—like culture, food, and art. You'll improve your Spanish skills, ignite your interest in Peru's indigenous languages, and build your confidence as you discover a new appreciation for the culture.

#### LANGUAGE LESSONS

You'll learn and practice vocabulary relevant to each day's theme during a lesson led by local language instructors. This is your chance to have guided conversations with fellow students as you prepare for each day's interactive activities.

#### CULTURAL ACTIVITIES

Learning how to cook in an earth oven like a Peruvian or weaving your own textiles adds authentic cultural richness to your language development. And your specially trained Language Immersion Program Director will be by your side, helping and encouraging the beginning learners while challenging the more advanced students.

#### INTERACTIONS WITH LOCALS

Conversing with locals while competing in a scavenger hunt or over a homecooked meal offers you an opportunity to put your new skills to use while learning more about the culture. With each conversation in Spanish, you will gain more confidence in your speaking and listening abilities.

Travel to Luquina for dinner with a local family and authentic Peruvian flavors









 Pay your respects to mother earth with a traditional Peruvian earth oven lunch called pachamanca

#### DAY 1: FLY TO PERU

- Meet your Tour Director at the airport in Lima.

#### DAY 2: LIMA | AREQUIPA

- Fly from Lima to Arequipa, named "the White City" for its white volcanic stone architecture.
- Enjoy time with a local nonprofit dedicated to creating global citizens through travel, social responsibility, and soccer.

#### DAY 3: AREQUIPA | COLCA VALLEY

*Today's Theme: Peruvian symbolism* Explore the importance of symbolism in Peruvian culture and build the language confidence to interact with local artisans.

- Visit Santa Catalina Monastery, an active nunnery that feels like a city within a city.
  Explore its mazelike construction, secret courtyards, and lush gardens.
- Travel to the Colca Valley.
- Participate in a local artisan workshop, where you'll learn how to weave Peruvian patterns and make *chicha morada*, an authentic Peruvian sweet corn drink.

#### DAY 4: COLCA VALLEY

*Today's Theme: Incan traditions* Participate in an interactive language lesson on Peru's indigenous past before experiencing the daily life of rural Peruvians.

- Visit the Colca Canyon, the second deepest canyon in the world and home to the largest bird of prey, the Andean Condor.
- Enjoy lunch cooked in a traditional Peruvian earth oven called *pachamanca* and acquaint yourself with Peru's spiritual side as you pay your respects to mother earth.
- Enjoy free time with your group.
- Visit a local farm, where you'll learn how to milk cows and see how yogurt and cheese are made (then taste some, too).
- Participate in a "pago"—a shaman ritual led by a local storyteller.

#### DAY 5: COLCA VALLEY | PUNO | LAKE TITICACA

- Travel to Puno, then take a boat excursion to the Luquina community on the shimmering deep blue Lake Titicaca. In Andean belief, Titicaca is the birthplace of the sun. It's the largest lake in South America and the highest navigable body of water in the world—almost 12,500 feet above sea level. Enthralling and in many ways singular, Titicaca is the longtime home of highland cultures steeped in the old ways.
- Experience a Luquina community welcome.

#### DAY 6: LAKE TITICACA

*Today's Theme: Culinary traditions* Practice your conversational Spanish (and food-related terms, very important!) during an interactive language lesson.

- Experience daily life in Peru during your stay in a local family guesthouse—a private building on a local family's property which provides security, beautiful shore views, and the perfect opportunity for authentic interactions with locals.
- Participate in a Peruvian cooking class.
- Enjoy kayaking on Lake Titicaca.

#### DAY 7: LAKE TITICACA

## Today's Theme: Community and social entrepreneurship

Learn how rural communities are adapting to a modern world from the locals living it.

- Participate in a Luquina community scavenger hunt.
- Say goodbye to the Luquina community with an evening celebration.

# DAY 8: LAKE TITICACA | FLOATING ISLANDS | PUNO

*Today's Theme: Peruvian art* Learn art-related terms and participate in art activities that build on your tour experience.

- Visit Taquile Island, a UNESCO World Heritage Site. Take part in a weaving demonstration, and walk along old pre-Incan pathways.
- Take part in a weaving demonstration at a UNESCO World Heritage Site.
- Visit the Uros Floating Islands.
- Return to Puno.

#### DAY 9: PUNO | LIMA

- Board your flight to Lima.

#### DAY 10: ARRIVE HOME

#### • 3-day tour extension

#### DAY 9: PUNO | CUZCO | SACRED VALLEY

 Fly to Cuzco, also known as "the navel of the Earth," then travel by bus to the Sacred Valley.

# DAY 10: SACRED VALLEY | MACHU PICCHU | CUZCO

- Travel by train to Aguas Calientes.
- Visit Machu Picchu, the mist shrouded citadel that evaded Spanish discovery, and has been named one of the New Seven Wonders of the World. See remnants of temples and terraces that have yet to reveal the true purpose of Machu Picchu—some believe only an elite Incan priesthood knew of its former existence.

#### DAY 11: CUZCO | LIMA

- Fly to Lima, Peru's capital and largest city.
- Visit the Choco Museo and participate in a chocolate workshop.
- Explore Lima on your own.
- Depart for home.

#### DAY 12: ARRIVE HOME





### The World Leader in International Education

For over 50 years, EF has worked with educators across the world to help millions of students become citizens of the world through one global mission: *Opening the World Through Education*. With more than 600 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day. We're also an accredited educational institution, offering students the option to earn high school and college credit.

#### START PLANNING

To enroll on this tour, ask your teacher for the tour number and visit eftours.com/enroll or call 800-665-5364

#### AFFORDABLE

We always offer the lowest prices so more students have the opportunity to travel and experience the world.

#### FULLY ACCREDITED

We're fully accredited, just like your school, so you can earn high school and even college credit while on tour.

#### SAFETY

We're committed to your safety. With more than 600 schools and offices in over 50 countries, local EF staff can react quickly and in person wherever you travel.

#### INSIGHT

We believe in experiential learning at the most important sites. Your Program Director is with you at every step, providing their own perspective and local tips.

#### THE LANGUAGE IMMERSION EXPERIENCE Program price includes



#### FULL-TIME LANGUAGE IMMERSION PROGRAM DIRECTOR

Your bilingual, specially trained Language Immersion Program Director stays with you 24/7 to handle all on-tour logistics and provide knowledgeable insights everywhere you go.



#### LANGUAGE LESSON

Interactive language learning with your Language Immersion Program Director



#### EXPERIENTIAL LEARNING

Soccer activity with locals; weaving and chicha morada workshop; pachamanca lunch; yogurt and cheese-making workshop; traditional pago offering ceremony; cooking class; scavenger hunt; with extension: chocolate workshop



#### ENTRANCES

Santa Catalina Monastery; the Colca Canyon; kayak experience; boat excursion to Taquile Island; boat excursion to Uros Island

WESHARE

Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.

#### ALL THE DETAILS ARE COVERED

Round-trip flights on major carriers; comfortable motorcoach; 8 overnight stays (*10 with extension*) in hotels and family guest houses with private bathrooms; breakfast and dinner daily; lunch included on days 3–8.