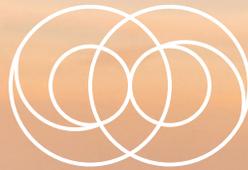




Education First

*Educational Tours*

# Global Leadership Summit



London, England

## The Impact of Sports & Wellness

LEADERSHIP CONFERENCE, DUBLIN & LONDON | 2020

# Leadership Conference, Dublin & London

## ***The Impact of Sports & Wellness***

For centuries, sports have helped people build resilience, confidence, and the power to collaborate—but more than that, they've built bridges within communities and between cultures. It's just one way the world approaches wellness, a topic that's deeply personal, and at the same time, universal. Because without health and happiness, what do we have? Our 2020 Global Leadership Summit will explore *The Impact of Sports & Wellness* around the world, from what people eat and think to how we care for ourselves and stay active. Let's come together to better understand the global focus on well-being and our evolving thoughts on how to achieve it.

## **Where is the Leadership Conference?**

Davos, Switzerland is more than just an Alpine resort town known for its sky-high elevation and stunning views; it's also a hub for innovation. Home to our Global Leadership Summit and the World Economic Forum's annual meeting, it's where business, government, and civil society leaders from Bill Gates to Bono come together to discuss the world's most pressing issues.

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Your experience includes:

### **IMMERSIVE TRAVEL**

Touring Europe brings the *The Impact of Sports & Wellness* to life as you gain knowledge and hands-on experience through cultural activities.

### **THOUGHT LEADERSHIP**

Subject matter experts on the Summit theme will lead discussions and workshops to inspire and educate you. Past speakers and organizations include Al Gore, Jane Goodall, Sir Ken Robinson, TED-Ed, and UNICEF.

### **INNOVATIVE THINKING**

Working on a small international team, you'll develop skills like collaboration and creativity as you use the design-thinking process to propose solutions to a global challenge.

### **PERSONALIZED LEARNING**

weShare, our personalized learning experience, engages you before, during, and after tour, with the option to create a final, reflective project for academic credit.



### **SPACE IS LIMITED**

Please ask your teacher for your tour number and visit [eftours.com](http://eftours.com) or call 800-665-5364 to get started or sign up.

### Why Ireland and England?

You'll have the opportunity to view local life in these neighboring countries through the lens of sports. From rugby to cricket to football, sports here have evolved from more than just games—they've become tenets of English and Irish culture. During your tour, consider the influence of sports and the role they play in the local communities.



### Days 1–5: Leadership Conference

Arrive in Zurich, meet your Tour Director at the airport, and visit the FIFA World Football Museum. With memorabilia that dates back to the first World Cup in 1930, the museum is a mecca for soccer lovers. Then head to Davos, where you'll enjoy a cable car ride over the Alpine town before the conference kicks off. You'll engage with other Summit attendees, and be encouraged to step outside your comfort zone as you get to know the team you will work with over the next few days. In this inspiring setting, you'll collaborate with students from across North America and the world. Over the course of the entire Summit, you'll hear from world-renowned speakers, converse with local and global experts, and work in small international teams to explore *The Impact of Sports & Wellness*. The event will strengthen your creativity and critical thinking skills as you use design thinking to develop solutions related to well-being.

### Days 6–9: Dublin | Coventry

Fly to Dublin, Ireland's capital city scenically situated between Dun Laoghaire's (pronounced "dun leery") waterfront foothills and Howth Head's rocky peaks. Visit St. Patrick's Cathedral and Trinity College, where you can view the *Book of Kells*—a calligraphic manuscript created by Irish monks over 1,000 years ago. Immerse yourself in Irish tradition as you participate in a classic Gaelic sports game. With ancient roots inseparably linked to modern Irish culture, Gaelic sports are a massive source of historical pride throughout the country. Find out more about the legacy of these games at the Gaelic Athletic Museum and tour the stadium where the professionals play. Cap off your stay by experiencing Ireland's other point of pride—Irish music—during dinner and a live performance. Then make your way to Coventry, stopping for a visit at a Welsh castle along the way.

### Days 10–12: London

Journey to London, stopping along the way to enjoy some time in Oxford. In London, a city of 8 million people, see hundreds of years of history come to life. Admire the Baroque domes and spires of St. Paul's Cathedral, check out the lively five-way intersection of Piccadilly Circus, and snap a picture of Big Ben from the banks of the River Thames. Visit Lord's Cricket Club, where you'll see more than 200 years of cricket history on display, and the World Rugby Museum. Try your hand at this team sport, which originated in England, during a hands-on lesson.

### Day 13: Depart for home

Head to the London airport ready to address local challenges and initiate meaningful conversations back home.

### EVERYTHING YOU GET

Full-time Tour Director; 2 sightseeing tours led by expert, licensed local guides; 2 experiential learning activities; entrance fees for FIFA World Football Museum, cable car ride, St. Patrick's Cathedral, *Book of Kells*, Gaelic games, Gaelic Athletic Museum and Stadium, Welsh castle, Lord's Cricket Club, and World Rugby Museum and Stadium; conference registration; weShare; round-trip flights on major carriers; comfortable motorcoach; hotels with private bathrooms; breakfast and dinner daily; lunch on days 4 & 5



## Join a global community. Make a lasting impact.

When you join a Global Leadership Summit, you also join an innovative community of global citizens. These extraordinary events combine immersive travel with a weekend-long leadership conference—empowering students today to start becoming the leaders of tomorrow as they tackle significant global issues in eye-opening places.

Each Summit has a unique theme and itineraries that allow students to experience iconic destinations from a new perspective. They'll learn, grow, and compete to have their ideas featured in the Nobel Museum in Stockholm, Sweden. And when they return home, they're prepared to use their new skills to solve local challenges. Because if everyone who attends a Summit inspires change locally, together we can make a global impact.

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Here are a few of the global issues students have tackled at past Summits:

**ADDRESSING ENVIRONMENTAL SUSTAINABILITY**  
Costa Rica | 2015

**EXPLORING HUMAN RIGHTS**  
The Netherlands | 2016

**THE FUTURE OF FOOD**  
Italy | 2017

**THE INFLUENCE OF TECHNOLOGY ON SOCIETY**  
Germany & New York | 2018

Visit [eftours.com/summithighlights](https://www.ef-tours.com/summithighlights)  
to see our past Summits in action.



Students develop leadership skills and gain new perspectives on global issues in workshops led by world-renowned thought leaders. In small international teams, they use design thinking to apply their learnings and propose new solutions.