



Educational Tours



CONNECTING TO CULTURE AND SERVICE IN CHINA

12 days

MEANINGFUL. SUSTAINABLE. UNFORGETTABLE.

Travel over 6,000 miles to a country where ancient history, tradition and culture influence daily life. Your journey through China begins in Beijing, a city rooted in tradition while simultaneously paving a new path into the future. Climb the Great Wall and marvel at the Forbidden City—home of the imperial palace of the Ming Dynasty. Investigate the challenges of the rural countryside in contrast to nearby modern cities. Together with Free The Children, an award-winning charity, you'll work side by side with locals building and restoring projects in school communities, exploring new ways to fund rural education efforts, teaching English to students and even learning Mandarin. As you implement these sustainable solutions, you'll be immersed in the culture and forge lasting connections to the communities you serve.

15

Estimated service hours

YOUR SERVICE PROJECT THEMES

We work with the award-winning charity Free The Children to better understand the needs of each community and then focus projects on those issues. Themes include:

- Education
- Health
- Clean Water and Sanitation
- Alternative Income and Livelihood
- Agriculture and Food Security

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12 days, estimated 15 service hours

What to expect on this Service Learning Tour

MEANINGFUL SERVICE

Working side by side with locals, you'll gain insight into the challenges they face and build lasting solutions to help empower the community.

Projects include:

- Restoring schools so students have a safe place to learn
- Tutoring students in English
- Distributing seeds to local community gardens

CULTURAL IMMERSION

Live near the communities you serve—celebrating customs and forming lasting connections with locals.

Activities include:

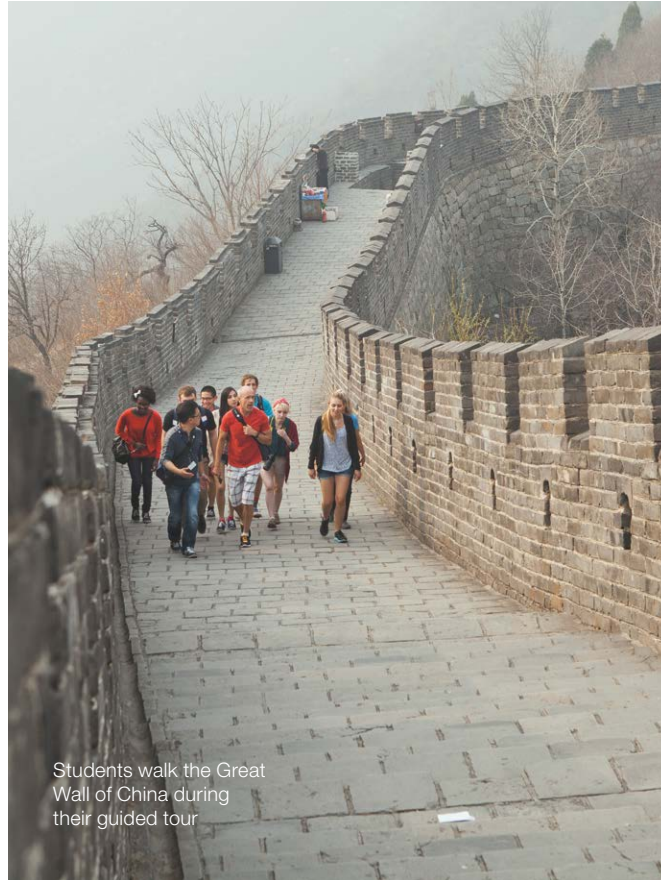
- Playing local sports and games with members of the community
- Learning Mandarin from one of the local team members
- Teaching English to local students

LEADERSHIP DEVELOPMENT

Your Field Director takes your global service experience even further, developing and strengthening leadership skills through activities and workshops.

Exercises include:

- Investigating global issues, exploring social issues and building leadership skills through expert-led workshops
- Contextualizing the day's events through thoughtful discussion and group dialogue
- Reflective journaling to deepen the service experience



Students walk the Great Wall of China during their guided tour





Working side by side, locals and students help restore a local school



Students hard at work planting seeds in a community garden

12-DAY ITINERARY

Day 1: Fly overnight to China

Day 2: Arrive in Beijing

Meet your Field Director at the airport. After you arrive at your accommodations, settle in and meet your group for the country orientation and safety overview.

Day 3: Beijing

Explore the city on foot with your expert local guide.

- Visit the Summer Palace, over 700 acres of lakes, palaces and gardens, and participate in a tai chi lesson.
- Enjoy a dragon boat ride in the city.
- Explore the Forbidden City, the imperial palace from the Ming dynasty to the end of the Qing dynasty.
- Walk through Tiananmen Square, an historic square in Beijing and site of noted political events.
- Enjoy a traditional dinner of Peking duck with your group.

Day 4: Badaling

Travel to Badaling, the most visited section of the Great Wall of China.

- Take a tour the Great Wall of China.
- Experience a Huton Rickshaw ride.
- Enjoy an authentic Chinese dinner at a local family's home.

Attend a Kung Fu show.

Days 5-10: Service Project— Free The Children Community

As communities evolve so do their needs. That's why we work closely with Free The Children to better understand local challenges. Since projects are determined closer to your actual tour date, here's a

glimpse at what a typical day might look like.

- Each morning, you'll begin your service projects in a nearby village.
- Spend afternoons immersed in cultural activities.
- In the evening, reflect, discuss events as a group and draw connections between the day's work and relevant global issues.

Day 11: Beijing

After your service project, transfer to Beijing to spend one last night in China with your group.

Day 12: Depart for home



LOCAL INSIGHT AND SUPPORT

Your Field Director deepens your connection to the land, people and culture. With local perspective on community challenges and skilled training in service leadership, they'll provide insight and global context, as they:

- Lead skill-building workshops and meaningful group reflections
- Connect you with local non-profits and nearby villages
- Facilitate group orientation and safety training
- Handle all on-tour details, from meals to transportation



Everything you get: 10 overnight stays; Round-trip flights on major carriers; Daily breakfast and dinner; Lunch days 5-11; Local ground transportation; Full-time Field Director; Sustainable service project with Free The Children; Service hours that count towards academic credit; Sightseeing tours led by expert guides; Entrance fees



A local child enjoys a fun ride with her new friends



Students sip tea in Beijing at a traditional tea ceremony



Tai Chi lesson at the Summer Palace makes for a zen afternoon

Your partners in global education

EF EDUCATIONAL TOURS

For over 50 years, EF has worked with educators across the world to help millions of students become citizens of the world through one global mission: Opening the World Through Education. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day. We're also an accredited educational institution, offering students the option to earn high school and college credit.

ME TO WE

ME to WE is an innovative social enterprise that provides people with better choices for a better world. It measures the bottom line—not by annual dollars earned, but by the number of lives changed and the positive social and environmental impact made. Half of ME to WE's annual net profit is donated to the Free The Children charity, and the remainder is reinvested to further the social mission of their enterprise.

START PLANNING

To enroll on this tour, ask your teacher for the tour number and visit eftours.com/enroll or call 800-665-5364